

ACTIVITIES DEPARTMENT

Dr. David J. Hartmann, Director
Jefferson High School 1401 Jefferson St Alexandria MN 56308
(320) 762-7754

September 18, 2009

Dear Volleyball Coach:

Preparations are underway for the Fifteenth Annual Runestone Invitational Volleyball Tournament on October 10. We are pleased that you have accepted our invitation and are looking forward to the competition. Pertinent information regarding scheduled playing times and draw is enclosed to allow you to prepare your team for the tournament. Each team will play four matches on Saturday.

Rosters will be downloaded from the MSHSL website on Thursday, October 1st. Please check to make sure your rosters are up to date.

1. Teams may arrive anytime after 7:30 am Saturday.
2. Valuables should be left on buses or in the coaches' possession for safe keeping. Alexandria will not be responsible for lost or stolen items.
3. There will be spectator bleachers so you may bring fans, but we have no gym warm-up area. Matches must begin on time however, so stretching should be done previous to the match in the adjoining wrestling room. (Room 130 – directly east of the gym) There will be a ten minute warm-up time on the court to serve and spike. (If the previous match finishes early, next match teams on the court may warm-up.) Please instruct your players not to use volleyballs for warm-up outside of the gym area. Admission charged for spectators. Adults \$7.00, Students \$4.00.
4. One line judge furnished from each team – must be an adult.
5. We will provide volleyballs to warm up.
6. There will be A-Club concessions available throughout the day – rolls, fruit, subways, pizza, popcorn, candy, pop, juice, water, coffee, etc. A-Club helps to fund our awards and trophies for JHS Activities. Please remind parents that food, crock pots, etc should not be brought into the school.
7. There will be coaches' meeting 8:15 and 9:00am in the hospitality room directly across the hall from the gym. Coaches will receive a lunch ticket for pizza or a sub and a beverage at the concession stand.
8. Locker Rooms - Pool #2 (Minnetonka, Bemidji, Renville County West, Rocori) will be using the west side of the girls locker room just to the north of the stage. Alexandria and Wadena/Deer Creek will be in the east side of the girls' locker room. Moorhead and North St. Paul will be using the visitor locker room just to the south of the main gym. No locks or towels will be issued.
9. The training room is located at the entrance of the boys' locker room where you may do your taping and where ice is available. A sports medicine assistant will be in attendance throughout the tournament.
10. Only teams playing and their coaches are allowed on the game floor.
11. T-shirts will be awarded to the first and third place Varsity teams and to the first place Junior Varsity team.

Following is a list of local motels if you would like to make arrangements to stay in town:

Arrowwood Resort (has a indoor water park) 320- 762-1124.

Holiday Inn (has a pool) 320- 763-6577.

Days Inn 320- 762-1171.

Super 8 320- 763-6552.

AmericInn of Alexandria (has a pool) 320- 763-6808.

Country Inn and Suites - 320 763-9900 or 800-456-4000.

Hampton Inn – 320-763-3773

HELPING MAKE STUDENTS THE BEST THEY CAN BE

2009 ALEXANDRIA VARSITY VOLLEYBALL TOURNAMENT

OCTOBER 10, 2009

Pool #1

Alexandria
Moorhead
North St. Paul
Wadena Deer Creek

Pool #2

Minnetonka
Bemidji
Renville County West
Rocori

Round 1 – 9:00 AM

Alexandria – Moorhead
(North Court)

North St. Paul – Wadena/Deer Creek
(South Court)

Round 2 – 9:45 AM

Minnetonka - Bemidji
(North Court)

Renville County West - Rocori
(South Court)

Round 3 - 10 minutes after previous match on first available court

Alexandria – North St. Paul

Moorhead – Wadena/Deer Creek

Round 4 - 10 minutes after previous match on first available court

Minnetonka – Renville County West

Bemidji - Rocori

Round 5 - 10 minutes after previous match on first available court

Alexandria –Wadena/Deer Creek

Moorhead – North St. Paul

Round 6 - 10 minutes after previous match on first available court

Minnetonka - Rocori

Bemidji – Renville County West

*** First Team Listed –Home Team***

Fifth Place - North Court

Pool 1 third place - Pool 2 third place

Seventh Place - South Court

Pool 1 fourth place - Pool 2 fourth place

Championship - North Court

Pool 1 first place - Pool 2 first place

Third Place - South Court

Pool 1 second place - Pool 2 second place

NOTES:

***** One adult line judge furnished from each team *****

1. Scoring all matches.
 - Best 2 of 3.
 - Third game to 15.
 - Must win by two points
2. Seeding/Tie Breakers:
 - a) Head to head;
 - b) Head to head point differential;
 - c) Overall point differential;
 - d) Coin toss.

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2009 ALEXANDRIA “JUNIOR VARSITY” VOLLEYBALL TOURNAMENT

OCTOBER 10, 2009

All games are held at the Lakes Area Recreation Facility:

**There will be coaches' meeting at 8:15 am
One adult line judge furnished from each team**

FIRST ROUND - 9 AM

Alexandria vs Bemidji
(South Court)

Renville County West vs Moorhead
(North Court)

SECOND ROUND - 10 AM

Alexandria vs Renville County West
(South Court)

Moorhead vs Bemidji
(North Court)

THIRD ROUND - 11 AM

Alexandria vs Moorhead
(South Court)

Bemidji vs Renville County West
(North Court)

FOURTH ROUND - 12 PM

CHAMPIONSHIP

Team 1 vs Team 2
(South Court)

CONSOLATION

Team 3 vs Team 4
(North Court)

NOTES:

1. Warm-up: 20 minutes - first match - (5-6-6-3); 10 minutes thereafter - (2-3-3-2).
2. All matches best 2 of 3. Rally scoring to 25 points. Must win by 2 points or more.
3. Seeding/Tie Breakers for Fourth round; #1 – Overall record during rounds 1-3; #2 – Head to head record during rounds 1-3; #3 – Head to head point differential during rounds 1-3; #4 – Coin toss.

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