



Minnetonka High School Volleyball 2010 Fall Tryouts



- Please register online prior to tryouts.
- All girls must have a physical on file at Minnetonka High School. **Physicals are current for three years.** Seniors, please make sure that you have an up to date physical filed with the activities office prior to tryouts.
- Bring water bottle, outdoor and indoor gym shoes, knee pads
- A tee-shirt and spandex volleyball shorts are required for tryouts

First Day of Tryouts

Monday, August 16th, 2010

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| 7:30 | Check in for freshman |
| 8:00 | Tryouts begin for freshmen |
| 9:00 | Check in for upperclassmen |
| 9:30 | Tryouts begin for upperclassmen |
| 12:00 | Break for Lunch |
| 1:00 | Afternoon session begins for all athletes |
| 3:00 | Afternoon session ends |



Second Day of Tryouts

Tuesday, August 17th, 2010

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| 7:30 | Nets in all gyms put up/Warm Up |
| 8:00 | Morning sessions for all athletes |
| 12:00 | Lunch |
| 1:00 | Afternoon sessions begin for all athletes |
| 3:00 | Afternoon sessions end |

Last Day of Tryouts

Wednesday, August 18th, 2010

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| 7:30 | Nets in all gyms put up/Warm Up |
| 8:00 | Morning sessions for all athletes |
| 12:00 | Lunch |
| 1:00 | Afternoon sessions begin for all athletes |
| 2:30 | Afternoon sessions end |
| 3:00 | Team Decisions by coaching staff |
| 3:00-3:00 | Meetings with athletes and coaching staff |
| 3:30-5:00 | Team Meeting and Team Building Time |

