



## Minnetonka High School Volleyball 2010 Information



Minnetonka Volleyball is a fall sport designed for girls in grades 9 – 12. Girls in seventh and eighth grade may attend a tryout with special permission forms from the district. We have five volleyball teams at Minnetonka High School.

- 9A and 9B – for ninth grade athletes only
- B Squad – for 10<sup>th</sup> grade athletes only
- Junior Varsity – open to all age levels
- Varsity – open to all age levels

There are many opportunities to play volleyball in the Minnetonka School system. Please check our website at [www.minnetonkavolleyball.com](http://www.minnetonkavolleyball.com) for more information about camps and winter volleyball leagues. Camps and winter volleyball leagues are open for 5<sup>th</sup> – 12<sup>th</sup> grade players.

The high school season begins on **August 16, 2010**. All athletes must be present at tryouts to be considered for a team. If there are extenuating circumstances that prevent your daughter(s) from attending tryouts, please contact the high school coach Mary Stude at [marystude@swchealth.com](mailto:marystude@swchealth.com)

- Please register online prior to tryouts.
- All athletes must have a current physical on file at Minnetonka High School. **Physicals are current for three years.** *Seniors, please make sure that you have an up- to- date physical on file with the activities office prior to tryouts.*



### Practice and game schedules may vary during the season.

- Schedules with bus departure times can be found on the Minnetonka High School Activities schedule or on the web: [www.minnetonkavolleyball.com](http://www.minnetonkavolleyball.com)
- The high school provides transportation to and from games. All girls are **required** to ride the bus to and from games.
- We usually have 2 buses to each match. One bus returns early from the match. This bus is meant for the 9<sup>th</sup> grade and B-squad players.
- JV players are required to stay for the varsity match.



## The season at a glance – by team:

- The **9<sup>th</sup> grade teams** play 12 – 14 matches during the season with 2-3 Saturday tournaments.
  - Most 9B matches will begin at 4:00 p.m. and the 9A match will follow immediately after the completion of the 9B match. Starting times will vary.
  - Usually 3 games are played.
  - Tournaments will be on Saturdays only.
  - The season ends with the conference tournament usually scheduled on the last Saturday in October.
- The **B squad** usually plays 14 matches and 2-3 tournaments.
  - Most games will begin at 5:00 p.m.
  - Each match is the best of 3 games.
  - Tournaments will be on Saturdays only.
  - The B squad season ends with the last schedule match.
- The **JV team** plays 14 matches during the season and three tournaments.
  - Most matches begin at 5:30 p.m.
  - Each match is the best of 3 games.
  - Tournaments will be played on Saturdays only.
  - The season ends with the last schedule match.
  - Some JV players may swing to Varsity and sit the Varsity matches which would include sectionals and the state tournament.
- **Varsity** plays 14 matches during the season and three tournaments.
  - The matches usually begin at 7:00 p.m.
  - Each match consists of the best of 5 games.
  - One of the varsity tournaments is a traveling tournament leaving on a Friday night and returning on Saturday. During the traveling tournament the cost of dinner on Friday and breakfast on Saturday will be covered through fundraising.
  - The Varsity season extends into the sectionals and the state tournament which is single elimination.
  
- All teams gather for the end of the year banquet hosted by the Captains' parents. There is a separate charge for the End of the Season Banquet.

## Minnetonka Volleyball Booster Club

- This will be our first year for the Minnetonka Volleyball Booster Club.
- Please watch for upcoming details and meetings.

## First Day of Tryouts

Monday, August 16, 2010

7:30	Check in for freshman
8:00	Tryouts begin for freshmen and potential 7/8 <sup>th</sup> graders
9:00	Check in for upperclassmen
9:30	Tryouts begin for upperclassmen
12:00	Break for Lunch
1:00	Afternoon session begins for all athletes
3:00	Afternoon session ends

## Second Day of Tryouts

Tuesday, August 17, 2010

7:30	Nets in all gyms put up/Warm-up
8:00	Morning sessions for all athletes
12:00	Lunch
1:00	Afternoon sessions begin for all athletes
3:00	Afternoon sessions end

## Last Day of Tryouts

Wednesday, August 18, 2010

7:30	Nets in all gyms put up/Warm-up
8:00	Morning sessions for all athletes
12:00	Lunch
1:00	Afternoon sessions begin for all athletes
2:30	Afternoon sessions end
2:30-3:00	Team decisions by coaching staff
3:00-3:30	Meetings with athletes and coaching staff
3:30-5:00	Team Meeting and Team Building Time

**Thursday, August 19, 2010**

*Team practice will begin for all teams - schedules for each team will vary.*

